



OUTDOOR FITNESS



**Resistance workout for
any user level**



**Indoor gym equipment
built for outdoors**



**Rigorous testing
ensures durability**

KOMPAN[®] SPORT & FITNESS

KOMPAN Sport & Fitness products and solutions are a versatile and comprehensive range of outdoor equipment built to encourage a playful way of exercise and socializing, with a focus on fun, challenge and creativity.



The innovative line of fitness products are designed based on research conducted by the KOMPAN Sport & Fitness Institute, a global network of fitness experts and professionals. KOMPAN products can be combined to create outdoor fitness solutions unique to the needs of any community.

KOMPAN products are built to last in the outdoors, offering durable, flexible solutions that accommodate all ages and fitness levels within the community. Plus, the KOMPAN Outdoor Fitness app makes it possible for everyone to have a digital personal trainer. The free app has no required sign up so its quick & easy to get started on-site.

Let's play



BUILT TO LAST

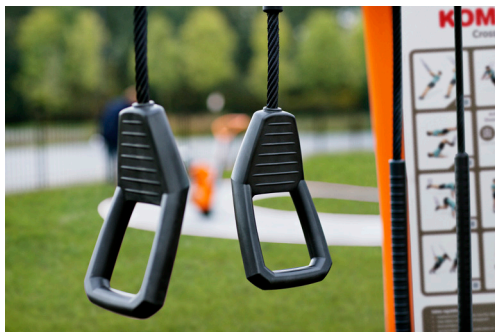
Innovative concepts & quality materials



DURABLE

- Posts are made of 4" x 0.11" steel
- Posts are hot dip galvanized and powder coated to maintain the integrity of the frame
- Weight bearing bars secured into keyhole in posts, strengthening connection by avoiding welds
- Lifetime warranty on steel posts and HDG steel parts

Visit www.kompan.us/warranty-global-menu for detailed warranty information.



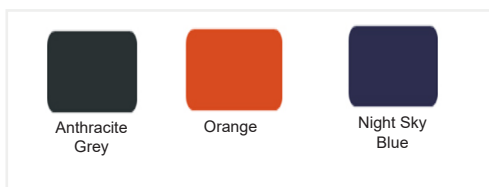
INNOVATIVE

- The Suspension Trainer utilizes uniquely designed handles with reinforced aluminum frame making them strong but light
- Ergonomically shaped handles guarantee pleasant, comfortable grip for all users
- Patented magnetic kettlebell system increases resistance in relation to applied force
- Cardio equipment is built to withstand vandalism and weather



INTERACTIVE

- City & Sport bikes offer highly adjustable fit
- Cardio equipment utilizes patented, self-powered resistance units
- Bikes and Cross Trainer can be used with 7" touchscreen or KOMPAN app
- Instructions for all exercises provided through the KOMPAN app and instruction cards onsite



STANDARD COLORS

- Fitness & cardio equipment: Orange & Anthracite Grey;
- Stay Fit: Night Sky Blue & Anthracite Grey
- Additional colors available



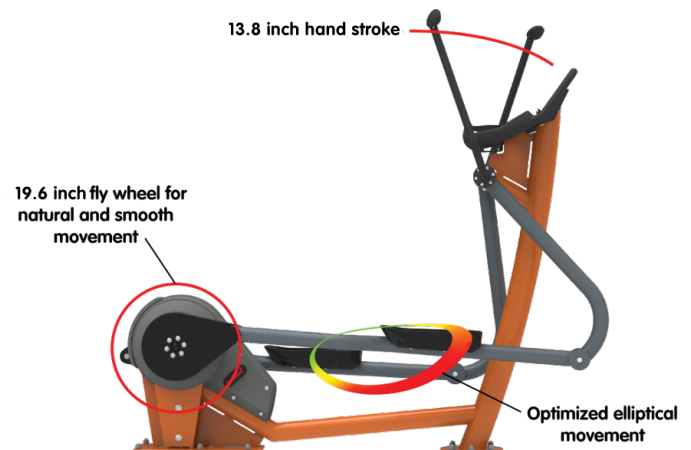
NEW

CROSS TRAINER

The popular cross trainer known from indoor fitness is now available for outdoor training



Made of the toughest materials available and tested to ensure durability outdoors www.kompan.us/our-cross-trainer-is-built-to-last



The Merging of Science & Design

- The special sprint mode developed by KOMPAN is intended to increase activation of the glutes and quads
- True elliptical movement allows user to utilize bodyweight and leg muscles to maximize workout
- Low impact workout involves most muscle groups in a natural movement pattern
- Intelligent system automatically adapts the workout to the pace set by user ensuring proper resistance
- Available with 7" touchscreen





City Bike
FAZ501

CARDIO

Let's bike

- Advanced engineering created a self-powering system and adjustable, customized workout
- High quality equipment you'd expect at an indoor gym
- Innovative design is made to fit anywhere in the outdoors making a great cardio workout available to anyone
- Available with 7" touchscreen

Connect to additional apps to gamify the biking experience and compete against riders around the globe



Sport Bike
FAZ502



The protective motor cover is made of one of the hardest materials in the market, a Lexan Copolymer EXL9330 and has a thickness of 0.16"



Arm Bike
FAZ511



LCD connected console with real time feedback. The screen has an IK8 and IP65 rating to protect against damage.

CROSS TRAINING

The most popular fitness activity

- Easily change resistance to match needs and abilities of all users
- Utilizes functional movements that represent the physical activities of daily life
- KOMPAN Outdoor Fitness App provides video demonstrations of exercises along with sample workouts for a variety of users



KOMPAN Outdoor Fitness

KOMPAN Health & Fitness

Everyone



Suspension Trainer
FAZ101



Pull Up Bars
FAZ103



Magnetic Bells
FAZ102



Magnetic Bells, Suspension Trainer & Multi Net Link
FAZ201



Magnetic Bells, Suspension Trainer & Core Twist Link
FAZ204



Step, 8 in
FAZ301

Step, 16 in
FAZ302





STREET WORKOUT

Innovative, High Intensity Group Training

- Physical activity that allows freedom of movement and encourages socializing
- Equipment includes bars of different sizes, positions, and heights to accommodate all exercises
- Perfect for activities based on bodyweight training including both physical and dynamic elements
- Designed to motivate both fitness professionals and enthusiasts



Combi 1
FSW101



Parallel Bars
FSW201



Human Flag Wall
FSW220



Push Up Bars
FSW209



Pull Up Station Pro
FSW208



Combi 2
FSW102



Combi 4
FSW104



Combi 5
FSW105

OBSTACLE COURSES

Train to be a ninja warrior

- Modern obstacle course is designed to be fun for people of all ages and abilities
- Challenges and develops both mental & physical strength
- Engages users with a variety of activities - run, walk, jump, crawl and climb to the finish
- Natural movements help increase health and happiness for users of all ages



Over Under
FSW214



Balance Beam
FSW215



Jump Pd Set
FSW221



Double Turbo Challenge
FSW21201



Wall with Net
FSW216

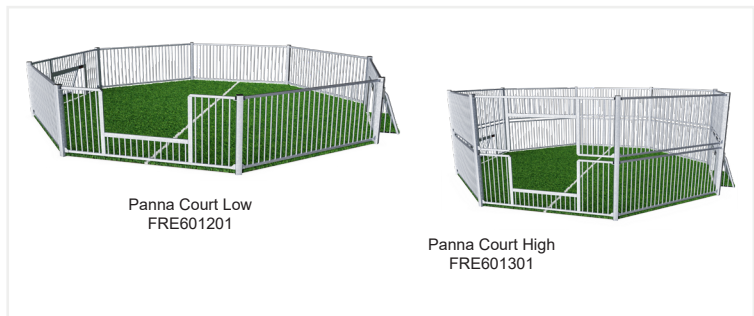
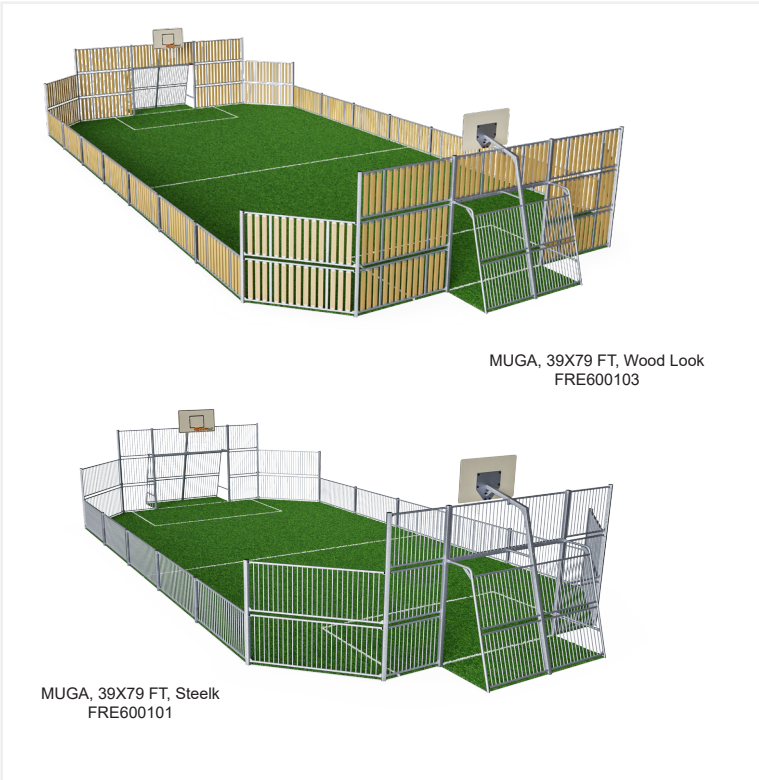




MULTI-USE GAME AREAS

More than sport

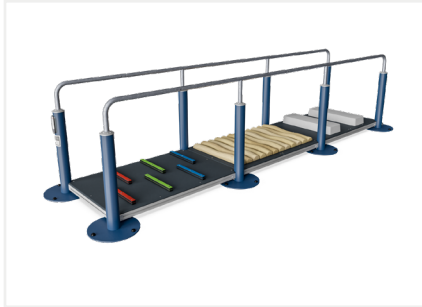
- Flexible system to fit any environment and purpose
- Configure size, style, play value, choice of materials & accessibility in more than 40,000 ways.
- Ideal for public parks, an athletic facility, or local school
- Suitable for a variety of activities:
 - Basketball
 - Soccer
 - Street Hockey
 - Tennis
 - Pickleball
 - Volleyball
 - ...and more



STAY FIT

Stay fit, be mobile

- Products designed to train muscle groups required for balance, stability and helps to prevent falls and injury.
- All Stay Fit products are inspired by activities and obstacles met in everyday life
- A range of training stations, each facilitating the training of fundamental skills
- Stay Fit products are ideal for active agers or rehabilitation facilities
- Makes injury rehabilitation available in outdoor spaces



Surface Challenge 3
FSW224



Double Stairs
FSW230



Assisted Step
FSW222



Stretch Station
FSW223



Balance Station
FSW227



Flex Wheel
FSW226



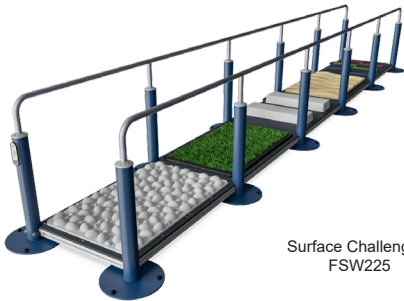
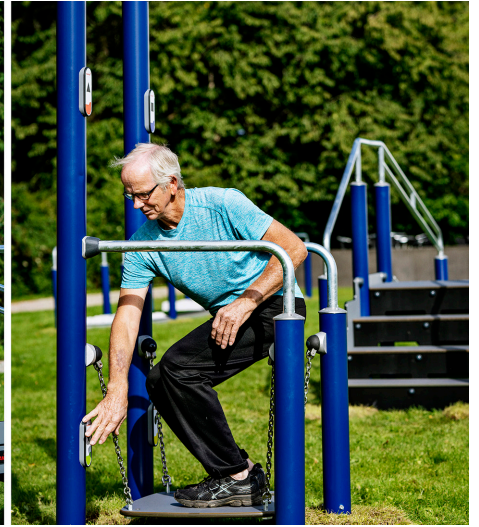
Balance Board
FSW231

STAY FIT

Stay fit, be mobile



Stairs & Ramp
FSW229



Surface Challenge 5
FSW225



Up & Go
FSW228





FITNESS FOR LIFE



Exercise and fresh air, natural partners and a universal formula for feeling good.

The KOMPAN Sport & Fitness products and solutions are a versatile and comprehensive range of outdoor equipment built to encourage a playful way of exercise and socializing with a focus on fun, challenge and creativity.

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