

Outdoor Fitness for Healthy Aging

Stay Fit

As we advance in life, physical mobility is important. To prevent restriction, we need to keep our bodies moving and our minds healthy. STAY FIT products are designed to promote active and healthy aging and to make injury rehabilitation available outdoors in the public space. Fresh air and exercise are natural partners and the universal formula for feeling good.

Based on collaboration with sports physiologists and physiotherapists along with sports therapists, the STAY FIT portfolio offers a range of training stations, each facilitating the training of fundamental skills.

Be Mobile





Each station is inspired by activities and obstacles you meet in everyday life, Improving on basic life skills is important throughout all stages in life, making KOMPAN Stay Fit relevant for all user groups.

Age Healthy



Highest Quality Materials

A KOMPAN outdoor fitness site will look great for decades to come. Built to last, it can withstand the wear and tear of weather as well as heavy usage. Manufactured from the highest quality materials, the durable equipment requires little maintenance ensuring that generations of users can enjoy the many benefits of a KOMPAN outdoor fitness site.



GALVANIZED STEEL

Our STEEL surfaces and steel frames consist of a hot-dip galvanized inside and outside with lead-free zinc according to global safety standards for outdoor playground equipment. The galvanization has excellent corrosion resistance in outside environments and is maintenance free. All colored posts are additionally powder-coated with paint.



FLOORS/DECKS

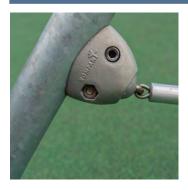
All DECKS are supported by uniquely designed aluminum profiles with multiple attachment options in order to give you a highly customized fitness site with your favorite activities. The HPL decks come in a thickness of 0.7 inches, a very high wearing strength and a unique KOMPAN non-skid surface texture.



GREEN & SAFE

Environment and safety go hand-in-hand on a KOMPAN facility, one frequently complementing the other. From raw materials to the final product, the ability to use recycled resources and not leave a negative footprint, is primary.

Industry-Leading Warranty



LIFETIME* Warranty

- Hot dip galvanized structural parts; steel poles, cross beams, floor frames, & top brackets
- Stainless steel hardware
- EcoCoreTM and other high-density polyethylene (HDPE) panels.



10-year warranty

- High pressure laminate (HPL) floors and panels
- Painted top layer of galvanized & aluminum metal posts and parts
- Other galvanized metal parts
- Other stainless steel parts
- Corocord Hercules rope
- Corocord "S" clamps and other stainless steel parts
- Handles, seats, and other solid plastic parts
- Plastic slides and other hollow plastic parts
- Non-painted aluminum and metal parts
- Wood-plastic composite (WPC)
- Robinia, Siberian larch, pine, and other wood types



5-year warranty

- Resin coated plywood plates
- Other painted metal parts
- Springs & ball bearing assemblies
- Other rope and net constructions
- Concrete elements
- Other galvanized metal parts



2-year warranty

- Movable plastic & metal parts
- Rubber membranes material
- Screens & electronic components
- Sunshades and sail solutions





Maintaining physical mobility is vital for our well being, particularly as we age . In order to support overall wellness, it is important to keep our bodies mobile and our minds healthy. Designed to promote active and healthy aging, this solution provides an ideal outdoor space where people of all abilities can exercise and stay mobile.



Stay Fit

Surface Challenge 3 FSW224











Consistent stretching is necessary for a healthy active lifestyle.

> 3 Stretch Station FSW224





Falling is a major problem for the aging population. Accidents often occur because the person is unable to overcome or react to minor changes on the surface they walk on. By using this equipment on a daily basis, aging people or people in rehabilitation can improve their balance, endurance, strength and flexibility, all of which contribute to less falling and healthier aging.





Stay Healthy

Practice stepping up to make sure you can handle stairs anywhere.













Keep your arms and back strong for dexterity over your head.

Practice quick adjustments to horizontal ground movements.





Balance Board FSW231



KOMPAN, Inc.

605 W. Howard Lane, Suite 101 Austin, TX 78753 www.KOMPAN.us

KOMPAN® STAY FIT





